



B.K. BIRLA CENTRE FOR EDUCATION

SARALA BIRLA GROUP OF SCHOOLS
A CBSE DAY-CUM-BOYS' RESIDENTIAL SCHOOL

PRE MID TEST 2025-26
ENGLISH

Class: XI
Date: 05.08.25
Admission no:

Time: 1hr
Max Marks: 25
Roll no:

General Instructions:

1. The question paper contains FOUR sections-READING, WRITING, GRAMMAR and LITERATURE.
2. Attempt questions based on specific instructions for each part.

SECTION A: READING SKILLS

(7 marks)

I. Read the passage given below.

1. If you are addicted to coffee, and doctors warn you to quit the habit, don't worry and just keep relishing the beverage, because it's not that bad after all! In fact, according to a new study, the steaming cup of Java can beat fruits and vegetables as the primary source of antioxidants. Some studies state that coffee is the number one source of antioxidants in American diet and both caffeinated and decaf versions appear to provide similar antioxidant levels.
2. Antioxidants in general have been linked to a number of potential health benefits, including protection against heart diseases and cancer. But Sandra Vinson, a dietitian, said that their benefits ultimately depend on how they are absorbed and utilised in the body. The research says that coffee outranks popular antioxidant sources like tea, milk, chocolate and cranberries. Of all the food and beverages studies, dates actually have the most antioxidants based solely on serving size, but since dates are not consumed anywhere near the level of coffee, the drink comes as the top source of antioxidants, Vinson said.
3. Besides keeping you alert and awake, coffee has been linked to an increasing number of potential health benefits, including protection against liver and colon cancer, type 2 diabetes, and Parkinson's disease according to some recently published studies.
4. The researchers, however, advise that one should consume coffee in moderation, because it can make you jittery and cause stomach pains.

Based on your understanding of the passage, answer the questions given below.

- i. State whether the following statement is TRUE or FALSE:
Coffee outranks popular antioxidant sources like tea, milk, chocolate and cranberries.
- ii. What is the correct order of the information given below?
 - I. Antioxidants are linked to a number of health benefits
 - II. One should consume coffee in moderation

- III. Decaf versions of coffee provide antioxidants levels
 IV. Dates have the most antioxidants based solely on serving size
- (a) III, I, IV, II (b) III, IV, I, II
 (c) III, I, II, IV (d) II, I, IV, III

iii. Substitute the word 'jittery' with ONE WORD similar in meaning, in the following sentence from paragraph 4:

One should consume coffee in moderation, because it can make you jittery and cause...

iv. Besides keeping us alert and awake, coffee provides us protection against:

- I. liver and colon cancer
 II. stomach ache
 III. type 2 diabetes
 IV. lung diseases

- (a) I and II (b) II and III
 (c) I and IV (d) I and III

v. List any 2 benefits of antioxidants.

1. _____
 2. _____

vi. Coffee provides a large number of health benefits including protection against:

- (a) liver and colon cancer
 (b) type 2 diabetes
 (c) Parkinson's disease
 (d) All of the above

vii. According to dietitian Sandra Vinson, the benefits of coffee ultimately depend on:

- (a) how it is relished
 (b) how they are absorbed and utilised in the body
 (c) how they are served and consumed
 (d) whether it keeps us alert and awakes

SECTION B- WRITING & GRAMMAR (3+ 3 marks)

II. Your school is organising an Inter-house Dance Competition. Write a notice to be put up on your school notice board informing the students about the competition and asking the interested to submit their entries. 3

IV. The following paragraph has not been edited. There is an error in each line. Identify the error and write it along with the correction. 3
 marks

	Error	Correction
Intelligence is praise to one and all.	a _____	_____
We say that intelligence mean	b _____	_____
being able to solve problems. Some animal	c _____	_____
seem able to do this. For ex. cats often		

find her way home from long distances.

SECTION C – LITERATURE (12 marks)

V. Read the extract given below and answer the questions that follows:

2x1=2 marks

She had always been short and fat and slightly bent. Her face was a criss- cross of wrinkles running from everywhere to everywhere. No, we were certain she had always been as we had known her. Old, so terribly old that she could not have grown older, and had stayed at the same age for twenty years. She could never have been pretty; but she was always beautiful.

- a. Why was it hard for the author to believe that the grandmother was once young and pretty?
- b. How do you know that the grandmother was a religious lady?

VI. Answer the following questions, within 30-40 words each.

2x3=6 marks

- a. Describe the mental condition of the voyagers on 4 and 5 January.
- b. To which tribe did Aram and Mourad belong? What was particular about their tribe?

VII. Answer ANY ONE of the following questions, within 50-60 words each.

1x4=4 marks

- a) Happy moments are short-lived but provide a lifetime memory. They provide a cushion to bear the difficulties which the future has in store for you. Comment in the light of the poem & Photograph by Shirley Toulson.

OR

- b) How does the story suggest that optimism helps to endure “the direst stress”?